



The World Community for Christian  
Meditation in the UK(WCCM)

## A Quiet Day

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**St Mary's Church**  
**Church Street, Maldon**  
**CM9 5HW**

**Saturday 8<sup>th</sup> June 2019**

**With Rev Sandy Southee & Sr Jean Searson**

The wonderful beauty of prayer is that the opening of our heart is as natural as the opening of a flower. To let a flower open and bloom it is only necessary to let it BE; so if we simply ARE, if we become and remain still and silent, our heart cannot but be open, the Spirit cannot but pour through into the whole of our being. It is for this we have been created.

*~ John Main*

**Arrival 9.30am to finish approximately 15.30pm.**

**Please bring a packed lunch**

**Donation £10**

**Tea & coffee provided**

Please contact Sr Jean Searson for bookings [jeansearson@gmail.com](mailto:jeansearson@gmail.com)

Mobile : 07936599466

**No Car Park facilities at the Church please use local car parks**